

Psychosocial Support Services

The mental health and well-being of our students are a top priority at **BG Zaunergasse**. We offer a range of services that students can use whenever they need support

Here is an overview of the available resources and contact details:

Funktion	Ansprechperson(en)	Kontakt	Anwesenheit
School Doctor	Dr.ⁱⁿ Astrid Schwarz	doc@bgzaunergasse.at +43 662 439616-18	Mon: 13:00–15:00 Tue: 07:30–13:00 Wen., 07:30–13:00
School Psychologist	MMag.^a Christine O´Brien	obri@bgzaunergasse.at +43 662 439616-18	Thu: 08:00–11:00
School Social Worker	BA Sarah Fischer	fischer@bgzaunergasse.at +43 664 89 68 723 (only during office hours)	Mon: 08:30–13:30 Sprechzimmer/Kabinett im EG Mi: 11:00–16:00 Kabinett im EG
Youth Coaching	Maria Müller	m.mueller@einstieg.or.at +43 676 6771100	Consultation hours as posted and by appointment
Confidential Advisors (Teachers)	Mag.^a Ingrid Donner-Lebitsch Mag.^a Kerstin Dorfinger Mag. Adel Firdaous Mag.^a Alexandra Gaßner-Berger Mag. Klaus Fleischhacker	don@bgzaunergasse.at dorf@bgzaunergasse.at fird@bgzaunergasse.at gass@bgzaunergasse.at file@bgzaunergasse.at	Consultation hours as posted and by appointment

		+43 662 439616-14	
SALIS Deans of Student Affairs	Nicola Nightingale, BA (Hons) Kavitha Struber, MSc Arch	deanoffice@bgzaunergasse.at	Tue: 9:45-10:35, 10:50-11:40 Thu: 9:45-10:35, 14-25-15:15 Fri: 09:45-10:35 Mon: 13:35 – 14:25 Tue: 12:40-13:30, 13:35-14:25 Wen: 10:50-11:40 Thu: 12:40-13:30
Educational advice	Mag.^a Katharina Enhuber Mag.^a Dr.ⁱⁿ Stefanie Powell	enhu@bgzaunergasse.at powe@bgzaunergasse.at	consultation hour consultation hour
Buddy-Project	Mag.^a Julia Binia Mag.^a Alexandra Gaßner-Berger	bini@bgzaunergasse.at gass@bgzaunergasse.at +43 662 439616-14	consultation hour
Peer mediation/conflict resolution	Mag.^a Ingrid Donner-Lebitsch	+43 662 439616-14	consultation hour Mediation appointments by arrangement
Bullying prevention and -intervention <i>No-Blame-Approach</i>	Mag.^a Ingrid Donner-Lebitsch Mag.^a Alexandra Gaßner-Berger Mag.^a Manuela Jakober <i>gemeinsam mit Klassenvorständ*innen</i>	don@bgzaunergasse.at gass@bgzaunergasse.at jako@bgzaunergasse.at	consultation hour

- **Class Teachers / Homeroom Teachers** – Ongoing support
- **Upstrive Pilot Programme** – Student empowerment
- **Workshops & Mental Health Initiatives** in cooperation with:

Mental Health Days: <https://www.mentalhealthdays.eu>

Projekt *lebenswert* (AVOS): <https://www.gesundessalzburg.at/avos/was-wir-tun/gesundheitsfoerderungen-fuer-bildungseinrichtungen/lebenswert-plus/>

Workshops *Psychische Erste Hilfe* (Rotes Kreuz): <https://www.jugendrotkreuz.at/salzburg/kindergarten-schule-lernen/psychische-erste-hilfe>

Erste Hilfe für die Seele – Teens (Pro Mente Salzburg): <https://www.erstehilfefuerdieseele.at/info/erste-hilfe-fuer-die-seele-teens-ein-peer-to-peer-workshop/>

Friedensbüro: <https://www.friedensbuero.at/workshops/>

Click&Check (Bundeskriminalamt): <https://www.bundeskriminalamt.at/205/start.aspx#a2> ,
https://www.bundeskriminalamt.at/205/files/Flyer_2024/200_2024_Folder_CC_DINlang_V20240725_BF.pdf