

Psychosocial Support Services

The mental health and well-being of our students are a top priority at **BG Zaunergasse**. We offer a range of services that students can use whenever they need support.

Here is an overview of the available resources and contact details:

Funktion	Ansprechperson(en)	Kontakt	Anwesenheit
School Doctor	Dr.ⁱⁿ Astrid Schwarz	doc@bgzaunergasse.at +43 662 439616-18	Mon: 13:00–14:45 Tues: 08:00–13:15 Thurs: 08:00–13:00
School Psychologist	Dr. Herwig Zott	h.zott@drei.at +43 662 439616-18	Mon: 10:00–13:00
School Social Worker	To be appointed	sozialarbeit@bgzaunergasse.at +43 664 8413930	By appointment
Youth Coaching	Maria Müller	m.mueller@einstieg.or.at +43 676 6771100	
Confidential Advisors (Teachers)	Mag.^a Ingrid Donner-Lebitsch Mag.^a Kerstin Dorfinger Mag. Adel Firdaous Mag.^a Alexandra Gaßner-Berger Mag.^a Mandy Oleson	don@bgzaunergasse.at dorf@bgzaunergasse.at fird@bgzaunergasse.at gass@bgzaunergasse.at oles@bgzaunergasse.at +43 662 439616-14	Individual office hours

SALIS Deans of Student Affairs	Nicola Nightingale, BA (Hons) (NIGH) Kavitha Struber, MSc Arch (STRU)	deanoffice@bgzaunergasse.at	Mon: NIGH: 13:35-14:25 Tues: NIGH: 9:45-10:35 Wed: STRU: 12:40-13:30 Thurs: STRU: 14:25-15:15 Fri: NIGH: 7:50-9:35; STRU: 10:50-12:35
Bildungsberatung	Mag.^a Katharina Enhuber Mag.^a Dr.ⁱⁿ Stefanie Powell	enhu@bgzaunergasse.at powe@bgzaunergasse.at	Individual office hours
Buddy-Projekt	Mag.^a Julia Binia Mag.^a Alexandra Gaßner-Berger	bini@bgzaunergasse.at gass@bgzaunergasse.at +43 662 439616-14	Individual office hours
Peer-Mediation	Mag.^a Ingrid Donner-Lebitsch	+43 662 439616-14	Individual office hours, Mediation by appointment
No-Blame-Approach (=Mobbing prevention)	Mag.^a Ingrid Donner-Lebitsch Mag.^a Alexandra Gaßner-Berger Mag.^a Manuela Jakober <i>Together with class teachers</i>	don@bgzaunergasse.at gass@bgzaunergasse.at jako@bgzaunergasse.at	Individual office hours

- **Class Teachers / Homeroom Teachers** – Ongoing support
- **Upstrive Pilot Programme** – Student empowerment
- **Workshops & Mental Health Initiatives** in cooperation with:

Mental Health Days: <https://www.mentalhealthdays.eu>

Projekt *lebenswert* (AVOS): <https://www.gesundessalzburg.at/avos/was-wir-tun/gesundheitsfoerderungen-fuer-bildungseinrichtungen/lebenswert-plus/>

Workshops *Psychische Erste Hilfe* (Rotes Kreuz): <https://www.jugendrotkreuz.at/salzburg/kindergarten-schule-lernen/psychische-erste-hilfe>

Erste Hilfe für die Seele – Teens (Pro Mente Salzburg): <https://www.erstehilfefuerdieseele.at/info/erste-hilfe-fuer-die-seele-teens-ein-peer-to-peer-workshop/>

Friedensbüro: <https://www.friedensbuero.at/workshops/>

Click&Check (Bundeskriminalamt): <https://www.bundeskriminalamt.at/205/start.aspx#a2> ,
https://www.bundeskriminalamt.at/205/files/Flyer_2024/200_2024_Folder_CC_DINlang_V20240725_BF.pdf